



SCHEDULE FOR BROUGHTON HALL EVENT

SEPTEMBER 4:


4:00pm	Arrival and check in
6:00pm	Welcome dinner
8:00 – 9:30pm	Evening welcome meeting

SEPTEMBER 5:

9:30am – 12:30pm	Workshop
12:30pm – 2:00pm	Lunch
2:00pm – 4:00pm	Workshop
4:00pm – 7:00pm	Free time for spa and activities, (or individual Power of Eight® group work)
7:00pm	Dinner

SEPTEMBER 6:

9:30am – 12:30pm	Workshop
12:30pm – 2:00pm	Lunch
2:00pm – 4:00pm	Workshop
4:00pm – 7:00pm	Free time for spa and activities, (or individual Power of Eight® group work)
7:00pm	Outdoor dinner



SEPTEMBER 7:

9:30am – 12:30pm

Workshop

12:30pm – 2:00pm

Lunch

2:00pm – 6:00pm

Afternoon free time

Visit Skipton, forest walk, spend time in the spa (or meet with your Power of Eight® group)

6:00pm – 7:30pm

Dinner

7:30pm – 9:30pm

Firepit ceremony

SEPTEMBER 8 (LEAVE ROOMS AT 10 AM)

10:00am – 12:30pm

Workshop

12:30pm – 2:00pm

Final lunch

2:00pm

Hugs and goodbyes



HEAL YOUR PAST
LYNNE MCTAGGART & BRYAN HUBBARD