

Media pack

Suggested questions

Can you give us an overview of ‘The Field’?

What are the major implications of the ‘new’ science you discovered and wrote about?

In your book *The Bond*, you talked about the fact that we are on the brink of a new scientific story and that it is the only path to a viable future for humanity? What did you mean by that?

What first got you interested in intention and the power that we individually and collectively hold to affect things with our thoughts?

Why did you decide to set up the Intention Experiment as a global laboratory?

You have been experimenting with the power of intention for many years with The Intention Experiment. Bring us up to date on your latest experiments.

What is the science behind individual intentions? What have you been measuring and which scientists have been involved?

What is the role of water in intention? Can you share with us the experiment you did with Dr. Emoto with Lake Biwa?

What parameters have you used to measure significant physical changes brought about via intention?

What has been the biggest effect of the big Intention Experiments? What about the Peace Intention Experiments?

What was the ‘Aha’ moment for you that really transformed the way you thought about what was possible and how important the ‘subtle’ energies of thoughts actually were?

How does intention work? How does something that appears to be all in our head actually affect our physical experience?

You ran a number of major global Intention Experiments that joined sworn enemies as participants: one for the 10th Anniversary of 9/11 that included Arabs and Americans as participants; another for Jerusalem that included both Arabs and Israeli Jews; then one for the January 2021 presidential

inauguration that included Republicans and Democrats. What were the most amazing outcomes with all three?

What's the latest plan for the Intention Experiment?

After your hit book of the same name, *The Intention Experiment*, inspired thousands across the globe to participate in your worldwide healing project, what moved you to try the experiment with a small group of eight?

You thought it was going to be just a feel-good effect, but there were some major unexpected instant healings. What happened?

What's some of the science behind why a group can heal in an instant?

What role does altruism play in all this?

What does the brain science tell us about the transformational effect of group intention?

What are some examples of the benefits participants experience after sending out intentions in these small Power of Eight® groups?

How much practice does one need to be able to effectively participate in a Power of Eight® group? Does experience count?

How does "The Power of Eight®" tie into your earlier work studying the human energy field?

How can someone start a Power of Eight® group in their own community?

Is intention alone capable of overriding our lifestyle choices or inherited traits? Can someone intend themselves to heal without making certain adjustments to their lifestyles (diet, movement/exercise, nutrients etc)? Or does practicing conscious intention often prompt people to make improvements in their lifestyle choices anyway?

What are some of the techniques that make intention most effective?

What is the significance of '8' in the Power of Eight®?

Does an intention increase in power the more people are involved in sending it?

From your experience and research, what do you believe human beings are capable of? How far down the rabbit hole can we go? Do telepathy, spontaneous healing, enhanced intuition, clairvoyance, etc...?