BECOME A BETTER HEALER WITH THE POWER OF EIGHT

By LYNNE MCTAGGART

BECOME A BETTER HEALER WITH THE POWER OF EIGHT

HARNESS YOUR THOUGHTS TO BOOST YOUR SUCCESS RATE

SESSION 1

CLICK HERE TO WATCH SESSION 1

Homework Week 1

- Keep a journal and write down all your thoughts about all the people you are trying to heal - good and bad.

- Note when you are inadvertently thinking something negative about them.

- Deliberately suspend all negative thinking about their prognosis and visualize them being healed.

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SESSION 2

[CLICK HERE TO WATCH SESSION 2](#)

Homework week 2

- Practice the 13 keys to Intention for Healing.

- Practice writing some sample intentions for individual patients.

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SESSION 3

[CLICK HERE TO WTACH SESSION 3](#)

Homework week 3

FINDING THE TRUE CAUSE OF ILLNESS

Start investigating the true cause of some of your healee's illnesses this week.

Practice entrainment with them:

- Create an intention statement

- Describe how you visualize them being healed

- Have them hold that intention statement and visualization with you

- Note any improvements in them afterward.

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Homework week 3

FRAME YOUR INTENTIONS

- Spend time writing out each intention you want to achieve.

- Make sure you have at least 4 of the 5 Ws and H (who, what where, when, how).

- If not, rewrite the intention until you do.

- Ensure that it is just a single intention.

HELP YOUR PATIENTS FRAME INTENTIONS

- Spend time helping your patient/client write out an intention for their health.

- Make sure that they have at least 4 of the 5 Ws and H (who, what where, when, how).

- Have them carefully word each intention with specifics.

- If not, ask them to rewrite the intention.

- Ensure that it is just a single intention.

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SESSION 4

CLICK HERE TO WATCH SESSION 4

Homework week 4

PRACTICE PLACING PATIENTS INTO A POWER OF EIGHT® GROUP

- Create a Power of Eight® group among Become a Better practitioners on our Community site (details are below if you have not joined yet).

- Put up a notice that you will be setting up a Power of Eight® group among patients. Explains basics.

- Recommend they read The Power of Eight or ask them to sign up on: www.lynnemctaggart.com for the basic Power of Eight® toolkit.

- Do not 'sell' Power of Eight® courses - this course is strictly to help your patients.

Community Instructions

We have created a private Become a Better Healer group on our community site where all attendees can join.

This will be an area where all Intention Become a Better Healer attendees can enter and post updates, pictures, videos and questions, and communicate with each other as a larger group.

To join the Become a Better Healer group on our community site:

1) Register here (if you haven't already done so)
3) Fill in the required fields (username, e-mail, password)
4) Login
5) Click on 'groups'
6) Enter: Become a Better Healer
7) Click 'request to join Intention Become a Better Healer

Watch video instructions here

Please note that we can only accept everyone's request to join by doing so manually, to ensure that only Become a Better Healer students are on there, so it may take a little while for you to get accepted. Thanks in advance for your patience.

Creating a private group on the community site

You can also use our community site to create and communicate exclusively with your Power of Eight® group.

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Once you have a registered account, you can create your own private group by following these steps:

1) Click: 'groups'
2) Click: 'create group'
3) Enter your group's name
4) Enter your group's description. Be sure to put 'a private Become a Better Healer group' and we encourage you to put your group meeting time zone, 'PST' for example.
5) Click: 'privacy,' and choose 'private' so that others cannot simply join the group prior to being invited or requesting to join.

Watch video instructions here.

You are ready to go. Now you can post updates on your group wall. These can be text, video or audio!